



Digital Citizen Academy (DCA)

Prevention • Leadership • Intervention • Reinforcement

Bringing Digital Citizenship Education to Your School

Digital Citizen Academy (DCA) partners with schools, educators, and families to help students build healthy, responsible relationships with technology — through research-driven curriculum, student leadership, restorative intervention, and family support.

CORE PROGRAMS

Technology Leadership Council

Empowering Student Digital Leaders

K-12 Students & Educators | Grades 6-12

- 6-step leadership journey
- 50+ interactive modules
- Badge & certification system

K-12 Digital Literacy & AI Competency

Building Future-Ready Digital Citizens

K-12 Students & Educators | Grades K-12

- Grade-level curriculum
- AI literacy modules
- Interactive lessons

DCA Diversion Program

Intervention Through Education

Students, Administrators, Counselors & Courts | Grades 6-12

- Web-based platform for court-ordered, school-referred, or family-initiated referrals
- 9-step course flow with video-based lessons
- Restorative-justice approach with knowledge checkpoints

AFFILIATED PROGRAMS

Professional Development

Educator Excellence in the Digital Age

Educators & Administration

- Flexible workshops
- Certification programs
- Classroom strategies

Parent & Family Resource Program

Partnering for Digital Wellness

Parents, Families & Caregivers

- Family workshops
- Home tech guidelines
- Age-specific advice

THE DCA IMPACT MODEL

PREVENTION

Proactive curriculum that builds digital literacy before problems arise

LEADERSHIP

Student ambassador programs creating peer-to-peer learning cultures

INTERVENTION

Restorative programs for students who've experienced digital incidents

REINFORCEMENT

Family resources that extend learning beyond the classroom

EXPLORE OUR FULL PROGRAM GUIDE ONLINE

dca-program-guide.vercel.app

View program details, watch sample modules, and schedule a demo with our team.

ABOUT OUR FOUNDER

Dr. Lisa Strohmman, JD, PhD

Founder & Director, Digital Citizen Academy

Attorney • Psychologist • Author • National Speaker



Dr. Lisa Strohmman is a clinical psychologist and attorney whose career has centered on protecting children and families from the harms of an increasingly online world. She holds both a JD and a PhD, and brings that dual academic grounding — law and clinical psychology — into everything DCA teaches, from classroom curriculum to court-referred diversion programming.

She founded Digital Citizen Academy to translate that clinical and legal expertise into practical, evidence-based programs schools can implement with confidence: helping young people build resilience, judgment, and accountability as they navigate social media, gaming, and AI.

Dr. Strohmman is the author of *Unplug: Raising Kids in a Technology Addicted World*, host of *The Point with Dr. Lisa Strohmman* podcast, and a nationally recognized media expert who has appeared on Fox News, the Today Show, CNN, NPR, and TEDx to discuss youth mental health and technology.

National Media: Fox News • Today Show • CNN • NPR • TEDx

WHAT STUDENTS ARE SAYING

“Dr. Strohmman’s slides on brain development and screen time changed how much time I spend online.”

— Ninth-Grade Student, Boulder Creek High School

CORE FOCUS AREAS

AI Competencies

Youth Mental Health

Online Safety

Technology Addiction

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info@digitalcitizenacademy.org
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VIEW PROGRAMS & SCHEDULE A DEMO
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